

Urination & BM Schedule Chart

Your Son's Name

Date	Time	Time	Time	Time	Time	Time	Time	Time	Time

Directions for use:

Put the day/date in the first column
Put the time along with the code in the second column
For that day, add to the time & code to the 3rd, 4th columns
Continue recording for one week.

CODES:

PP – for urine
BM – for Bowel Movement
Both – for both
Or make your own codes!!

